SAMPAN

The only bilingual Chinese-English Newspaper in New England 全紐英倫區唯一的中英雙語雙週報

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Chinatown Says Farewell to Former Tufts Medical Center CEO



When Ellen Zane took over as the Chief Executive Office of Tufts Medical Center in 2004, the institution was hemorrhaging money as it attempted to plug holes and place band-aids on the wounds of a failed merger. Seven years down the road, the turnaround at Tufts under Zane is unmistakable: the hospital was voted sixth in the country (of 98 academic medical centers) last year for safety and quality, and increased patient volume while also bringing in nearly \$7 million.

In a banquet held in her honor on October 3 at China Pearl Restaurant in Chinatown, the medical center's host neighborhood, prominent members of the Chinatown community as well as government officials and friends of Zane all looked back on her achievements over the last seven years. One attendee, Peter K. Chan, even composed and presented a poem to Zane in commemoration of her accomplishments and in appreciation of the work she has done to improve community health and affairs in the Chinatown.

But things haven't always been so rosy for Zane, who admits taking on the challenge of turning the medical center around was daunting, to say the least.

SEE CEO PAGE 3

莫爾登市市長競選者雙臂迎接 城市的多元性

翻譯:徐夢伊

離將於十一月八日星期二舉行的莫爾登市市長競選就剩短短的一個月了,土生土長的莫爾登人 Gary Christenson也變得越來越興奮。

Christenson以於一年多前宣布了他的競選意向並以他在任莫爾登學校委員會會員和莫爾登城市理事會會長積累的經歷積累了許多支持者。

長積累的經歷積累了許多支持者。 "許多人說這個職位我從高中三年級開始就已經開始競選了," Christenson提到他當年在莫爾登高中競選班長的經歷。

(詳文請見反面中文第一版)



Vienne Milano

Asian American EntrepreneurTurns Her Dream into a Reality

The first of November will signify the end of a long journey and the beginning of a new one for Vienne Cheung. Exactly one year to the day, Cheung left her position as Executive Director of ASPIRE to embark on the daunting, yet exciting quest to fulfill her passion for fashion. Hence, the birth of VienneMilano - the first luxury hosiery brand and online boutique in the USA devoted exclusively to thigh high stockings that are made in Italy — which officially launches on November 1.

SEE VIENNE MILANO PAGE 5



New Furniture Unveiled at the Chinatown Park



A ribbon-cutting ceremony was held to celebrate the unveiling of new furniture for public use at the Rose Kennedy Greenway Chinatown Park on Friday, September 30.

Nine bright-green umbrellas, 13 tables, and seasonal plantings were revealed at the ceremony, which



was attended by members of many of the local organizations as well as Tufts University and local government officials. Funds are in place to ensure that the seasonal plantings are kept up-to-date and relevant flora is planted.

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中國城向前任塔夫斯大學醫學院總裁告別

第二版

Empty Bamboo Girl

by Lillian Chan







For more adventures of ah-Lin and her family, become a Facebook fan at www.facebook.com/ahLinTheComic

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If you are interested in applying for this position, please send your cover letter and resume to: Job Search, YouthBuild USA, 58 Day Street, Somerville, MA 02144 or you may apply onhttp://www.youthbuild.org/apply. Please apply by October 24, 2011. YouthBuild USA is an Equal Opportunity Employer M/F/D/V.

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SAMPAN

A Publication of the AACA

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Boston, MA 02111 TEL: (617) 426-9492 Fax: (617) 482-2316

Editor: Kane Carpenter kcarpenter@sampan.org

English Section:

Contributors: Lillian Chan Anna Ing **Michael Tow**

Production: **Teresa Cheong** Kane Carpenter **Ariel Zhang**

Chinese Section:

Contributors: **Anna Ing Michael Tow**

Translators: Keke Xu Mengyi Xu **Gongquan Chen Anna Tse**

Marketing and Advertising:

Advertising & Marketing Manager: Teresa Cheong ads@sampan.org

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SAMPAN is a publication of the Asian American Civic Association

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ANNOUNCEMENTS

2011 Boston Asian American Film Festival **Launch Party**

Friday, October 7, 6:00pm - 9:00pm The Greatest Bar, 262 Friend Street Boston, MA Accessible by Green/Orange line to North Station. Admission* \$5 in advance, \$10 at the door, free for AARW members.

Centennial Double Tenth Parade and Flag Raising Ceremony

October 9, 2011, 9:30a.m. - 10:00a.m. Chinatown Gate - Gathering at 9:30am, Parade starts at 10am.

Double Tenth Dinner Celebration

October 9, 2011 6:30pm Empire Garden Restaurant, 690 Washington Street

Tickets: \$280 per table of ten Sponsored by Chinese Community of New England.

Parcel 24 Press Conference

Monday, October 17, 2011 10:00a.m. - 11:00a.m. Corner of Hudson and Kneeland streets, Chinatown Special Guests: Governor Deval Patrick and Mayor Thomas M. Menino

Junior League of Boston Presents: American Girl Fashion Show ®

Sunday, Oct 23 10:30a The Hyatt Regency Downtown Boston \$36 - \$46 Phone: (617) 536-9640 Age Suitability: Kids and up

Senator Sonia Chang-Diaz Chinatown District Hours

October 17, 9:00a.m. - 10:00a.m. Wang YMCA, 8 Oak Street West, Boston

Boston Ballet presents 'Romeo & Juliet'

Thursday, Nov 3 7:30p Boston Opera House, Boston, MA Price: \$25.00 - \$132.00 Phone: (617) 695-6955

The New Boston Miracle

Thursday, Oct 13 6:30p Modern Theatre, Suffolk University Price: FREE

Phone: (617) 557-2007

Gang and drug warfare fuels violence and leads to prison or death for countless youth, mostly minority males; this well-worn pattern plagues cities across the world. Come meet Criminologist and author of "Don't Shoot," David M. Kennedy



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Anna Ing's

A Food Aficionado

Bon Chon Offers A Korean TWIST ON FRIED CHICKEN!

Ever since my first

bite of Bon Chon in

Annandale

a few years ago,

a fave of mine!

There has been a big void for **Bon Chon lovers since the Allston** lounge, Privus, closed its doors over a year ago. However, thanks to some former Privus employees Bon Chon is back and it has moved a block away into the former Toki Shabu Shabu space [123 Brighton Ave, Allston, MA 02134(617)

254-8888 www.bonchon.com]. Since earlier this year, the new and improved Bon Chon has been flourishing (their menu selection surpasses its New York City sibling, with even more selections slated to come!) Their extensive menu offers a variety of Japanese

and Korean favorites as well as a selection of Asian inspired cocktails, beers, and wines. The place is always hopping and the atmosphere hasn't changed much from its predecessor - maintaining the dark and white modern, upscale décor. Also, there is a bar area by the entrance and televisions are everywhere with pulsating music coming out of speakers, so the noise level can be a little loud.

Bon Chon hails from Busan, South Korea and was started in 2002. In 2007, the first stateside location opened up in New Jersey and within three years, another 18 locations have sprouted up with one in Boston.

What is Bon Chon you ask? Well, to fans (like myself) it is skinless chicken (strips/wings/drumsticks) (\$9.95 up to \$33.95) breaded and twice fried to crispy perfection - glazed with either a spicy or soy garlic sauce. Beware though: the spicy style packs a subtle kick that can be overwhelming for some after a wing or two! Think of Bon Chon as similar to

the American-staple Buffalo wings, but with a distinctive crispy coating (spicy style) and boy is Korea's answer to the all-American favorite fried chicken delicious Bon Chon has become and addictive! Bon Chon drumsticks tend to be bigger and a little on the dryside compared to the juicer wings and even though it

The place is always

hopping and

the atmosphere

hasn't changed much

from its predecessor.

is twice fried, there is not a trace of the

greasiness. expected Another pleasant surprise is that the chicken holds its crispiness for a long time! Hours or even three days later when reheated, the crunch is retained! Amazing! Four sizes are available with the option for combo

(both flavors) with the exception of small. On a hot summer day, a plate of Bon Chon and a cold beer go well together! Two sides - a lovely slaw supe-



Photo by Anna Ing

rior to its counterpart coleslaw as well as pickled daikon (white radish) cubes are served to soothe diners' tongues from the spiciness. For convenience, a pail is given to collect the chicken bones.

For starters, we got the Seafood Scallion Pancake (\$12.95), a lovely pancake studded with scallions, shrimp and squid served with an accompanying soy dipping sauce-delicious! Nice and crispy on the outside, but the food had the right amount of chewiness. Next came our maki rolls-Spider Maki (Soft shell crab) \$8.95, Caterpillar Maki (Unagi and avocado) \$7.95 and regular Tekka Maki (Tuna). The rolls hit the spot while they were quickly devoured and enjoyed by our group. The ingredients were fresh and the rice did not easily fall apart.

Bon chon is slowly gaining a cult following! Ever since my first bite of Bon

Chon in Annandale a few years ago, Bon Chon has become a fave of mine! The chicken and food comes out pretty quickly. The service here can be a bit slow because it is busy. Our server was pleasant, but she did forget our drink order. Next time you want fried chicken,

go check out what all the fuss is about, but be forewarned of the busy lines at night!

Farewell to CEO

CONTINUED FROM PAGE 1

"To be honest, I was scared to death," said Zane in a telephone interview. "But I couldn't tell anybody. I had to be the cheerleader because if anyone saw that I was scared then we wouldn't have had a chance."

Zane's leadership and enthusiasm not only propelled the medical center forward, but her impact on her colleagues has been immense, too.

"It's been a really great experience working for her," said Sherry Dong, Director of Community Health at Tufts. "To have someone who is open and respects me and my ideas has been great."

"One of my great joys has been the fact that Tufts resides in Chinatown," said Zane. "I've enjoyed experiencing the distinct character and have come to know many of the people in Chinatown."

Despite retiring however, Zane will still serve as Vice Chairman of Tuft's Board of Trustees and will continue to consult with the hospital for one year. But Zane assures that she will take time off to relax and do things with her husband. First up: A trip to the Napa Valley quickly followed by a trip to Israel in November, and finally a vacation in Saint Bart's in January.

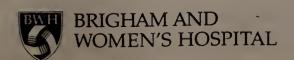
"My husband would tell you that 'retirement' is a misnomer," said Zane, jokingly.

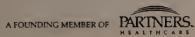


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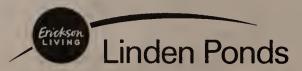
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ASK THE CPF® PROFESSIONAL

By Michael Tow CPF®

I recently got a new job with a decent salary and I will have some more discretionary income. However, I still have credit card debt. Should I contribute to the company's 401k plan or pay off the credit cards?

- Kevin D, Boston, MA

Kevin, there a few different factors to consider here. Do you have a company match? What are your credit card interest rates? What is your spending behavior like and how did you accumulate the credit card debt?

If you have a company match (a common match is to match 50% of your contributions up to 6%), it would make sense to take advantage of that first. Then ll would use your remaining amount to pay down your credit cards.

If you do not have a match, it makes sense to pay down your credit card balances first (assuming the credit card interest is about 18%) and start contributing to your 401k after the credit card balances are paid off.

The answers above may be the financial answer, but this is where human nature and spending behavior comes into play regarding your question. There is a lot of risk to decide not to contribute to your 401k and say you will use your discretionary income to pay down the debt. A worst case scenario would be if I revisited your situation 3 years from now and find out that your credit card balances have not been reduced and you still have not contributed anything towards your retirement. While this may not be the case for you, it ends up being the case for many.

Most people have the majority of their savings in equity in their home or their 401k. I believe there are two reasons for this fact.

The first is the way savings are built up in a home or 401k. It is through the regular or systematic withdrawals or payments every month. Once set up, it becomes automatic and psychologically it is viewed as a fixed occurrence every month. It is not even noticed and when needing to cut back on things these are not options.

The second is that once the savings or equity is built up, it is very difficult to draw on this. Both are very liquid. If you were to try to withdraw from a 401k or IRA, it takes signed paperwork, not to mention the fees and penalties to deter early withdrawals. To withdraw your equity from your home, you need to either refinance your mortgage, take out a home equity line or to sell your home. All are very long and drawn out processes which along with human behavior make it difficult to get at the equity.

So Kevin, if you decide to pay off your credit cards first and delay contributing to your 401k, I would strongly recommend that you set a budget and make a strict time line on when the credit cards will be paid off so that you can start contributing to your 401k.

If you have a question or topic that you would like me to discuss in a future article please email me at mtow@newbostonfinancial.com.

CERTIFIED FINANCIAL PLANNER ™, Michael
Tow is President of New Boston Financial. He is a
registered representative of, and offers securities
and advisory services through Commonwealth
Financial Network- a member firm of FINRA/
SIPC and a Registered Investment Adviser. He is
located at 58 Harvard Street in Brookline and can
be reached at 617-734-4400 or www.newbostonfi-

See, Test & TreatTM Breast and Cervical Cancer Screening Prevention Program at Tufts Medical Center

Center will host the College of American Pathologists See, Test & Treat breast and cervical cancer screening prevention program. The event was held for the first time last year and was successful in identifying early disease. The event being offered at Tufts Medical Center is a oneday event designed for Asian-American women, 21 years of age and older who live in the Boston-metro area, however all women are encouraged to attend. This program is being championed at Tufts by Barbarajean Magnani, PhD, MD, FCAP from the Department of Pathology and Laboratory Medicine. Collaborating physician partners include Dr. Nora Laver (Pathology and Laboratory Medicine), Dr. Andrea Zuckerman (Obstetrics and Gynecology), Dr. Judy Katz (Radiology) and many other caring physicians and staff from Tufts Medical Center.

The See, Test & Treat program is a unique opportunity for doctors from different disciplines to work together to treat the patient while providing testing to an underserved population or a population who face barriers in getting regular healthcare. With See, Test & Treat, patients not only see a physician and have a screening that they need, but get the results before they go home. This enables them to discuss their results with the physician and physician specialists, and schedule a follow-up appointment, or receive same-day care if necessary. During the See, Test & Treat program, women can receive a gynecological exam which includes a Pap test, breast exam, and laboratory tests or a mammogram if necessary.

The unique aspects of See, Test & Treat are that it removes some of the barriers women face to early diagnosis and treatment for breast and cervical cancer. These barriers include having

on Saturday October 15, Tufts Medical to take time off from work, language or cultural barriers, and a lack of insurance or childcare. Adult and children's activities will be provided. Women may bring their children to the appointment. Tufts me last year and was successful in identitying early disease. The event being fered at Tufts Medical Center is a one-ty event designed for Asian-American to take time off from work, language or cultural barriers, and a lack of insurance or childcare. Adult and children's activities will be provided. Women may bring their children to the appointment. Tufts Medical Center will also offer refreshments and educational programs for the women to help them learn more about their health.

There may also be cultural and/or linguistic barriers preventing women from getting the care that they need. At the See, Test & Treat program offered at Tufts Medical Center, interpreters will be available. It is a nice, safe program for women and if they feel like they need to come with a mother, grandmother, or older daughter, they can come together as a group to support one another. "Think about it like this" Dr. Magnani said, "When you are on an airplane, you are provided with instructions about using the oxygen mask in case of emergency. You are told to put the mask on yourself first before helping others. Women need to look after themselves first so they remain healthy in order to help take care of their families."

Asian women over 21 are encouraged to make an appointment. The event will have appointment slots available from 8:00 a.m. to 3:30 p.m. If someone has insurance, they should bring their insurance card but that will not be a barrier to getting seen. To pre-register for this event, call 617-636-4872 (Mandarin and Cantonese speaking operators will be available). Walk-ins are also welcome. This will be held in the Tufts Medical Center OB/GYN Clinic located on the second floor of the South building, 860 Washington Street in Boston's Chinatown.

Tufts Medical Center

The Commons at SouthField Highlands

South Weymouth, MA

www.TheCommonsAtSouthField.com

SOUTH FIELD

The Commons at SouthField Highlands is the first apartment community to be introduced to the planned community of SouthField located in South Weymouth at the former location of the Weymouth Naval Air Station. The Commons at SouthField Highlands will offer

studios, one-bedroom, two-bedroom, and three-bedroom apartment homes in three buildings that personify the South Shore's picturesque way of life. Interior features and finishes include distinctive Berber carpeting, private washers and dryers, and ceramic tile. Community amenities include a workout center, seasonal swimming pool, community room, indoor parking and an easy walk on intimate, pedestrian-friendly streets to the on-site commuter train into Boston. In keeping with SouthField's "green" vision, the apartment homes will be constructed using eco-friendly building standards from the U.S. Green Building Council under its Leadership in Energy Efficient Design requirements.

Please go to www. SouthField.com for more information on the SouthField planned community.

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4	\$ 64,200	\$115,800
5	\$ 69,350	\$125,060
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Completed Applications and Required Income Documentation must be delivered, not post-marked, by noon on Nov 30th, 2011. The SouthField Welcome Center will be the location for a public Info Session on Nov 2nd, 2011 at 6 pm and the Lottery on Dec 13th, 2011.

For Lottery Information and Applications for the lottery, go to www.s-e-b.com/lottery or call (617) 782-6900 And Leave A Message. Applications and Information also available at the SouthField Welcome Center (M 10-5, Th 10-6, F 10-5, Sa 10-4, Sun 12-4).



Malden Mayoral Candidate

Looks To Embrace City's Diversity

With only one month before the city of Malden holds its final city election on Tuesday, November 8, Mayoral candidate and Malden-native Gary Christenson is as excited as ever. Having announced his candidacy for Mayor over one year ago, Christenson has built a following based on his experience a member of the Malden School Committee and time as Malden City Council President.

"A lot of people say that this is a position I've been campaigning for since junior year of high school," said Christenson, referring to his election as Class President at Malden High School.

A journey that began a decade ago after his appointment to the Malden School Committee, Christenson has continued to serve the public through to his current role as the Budget Director at the Middlesex Sheriff's Office, where he oversees a \$60 million budget.

Statistically, Malden is the second most diverse city in Massachusetts with a growing Asian population that encompasses 16.7 percent of the city's population and 21 percent of the district's students. Some 9,400 residents of Malden are Asian; a fact Christenson is well aware of.

"I plan to take advantage of the city's diversity," said Christenson, whose campaign website has a Chinese version. One method he has taken up to reach a wider range of residents is through the use of an email tree that, thus far, connects more than a thousand people.





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Vienne Cheung Starts Vienne Milano



Photo by Vienne Cheune

Born in Hong Kong and having immigrated to Brookline, Massachusetts at the age of six, Cheung originally wanted to become a teacher. However, her parents persuaded her to study art at college instead, leading her into a position as the Creative Director for Furniture Fan right out of school. But Cheung wanted to do more and subsequently enrolled in business school.

"No matter where you are in the creative world," Cheung said, "You need to business know-how in order to succeed."

After completing business school, her newly-acquired business savvy ignited an affinity toward project management. "I like [the whole process] from marketing

to seeing the product out there," Cheung said.

But her biggest decision came after a two year stint as Executive Director for ASPIRE, when she decided to leave Corporate America to focus on her own brand – VienneMilano – where Cheung finally had the chance to combine all the skills she had acquired over the years: marketing, project management, business and even the skills she picked up during a brief internship for a fashion designer in college.

"Whenever I'd travel to Europe, I would always bring a lot of fashion accessories back," said Cheung. "Hosiery in Europe is seen differently than it is in the States."

Fighting the stereotype that hosiery is scandalous, Cheung chose to aim at providing appropriateness and usability with her products, as well as incorporating a unique material – called 3D – that is thicker and more suitable to winter months in the northeast.

In order to make sure her first collection was exactly as she desired, Cheung traveled throughout Italy to select the best suppliers and to source the most exquisite materials. She put relentless care into designing each product as well as their innovative packaging.

"Stockings are a true fashion complement as they can define the outfit in every occasion" said Cheung. "By wearing thigh highs, a woman gains a little glamorous secret that provides her with that extra boost of confidence."

VienneMilano's collection embodies the brand's idea that thigh highs are appropriate for every occasion. In the first collection,

"I really feel as though hosiery
can be the difference in an outfit it can really make an outfit pop!"
said Cheung

consumers will find reinterpretations of classic colors and patterns brought to a new luxurious life with the sapient use of innovative materials

However, VienneMilano's center stage will come from its daring pieces that are crafted in vibrant fashion colors, including the brand's signature purple and are made with materials that have never been seen before in thigh highs, such as an incredibly plush cashmere and silk blend.

But what about the name, Vienne Milano?

"Growing up people would tell me that Vienne is a good name that sounds like it should be in fashion," Cheung said. "I have another brand called VienneDesigns and wanted to keep that going, but I also knew that I was going to get my products from Italy."



As for cost, prices will range between \$39 and \$79 per pair, positioning VienneMilano in the luxury department.

VienneMilano will be sold exclusively online at www.viennemilano.com.

King And I Production Dazzles!

by Anna Ing

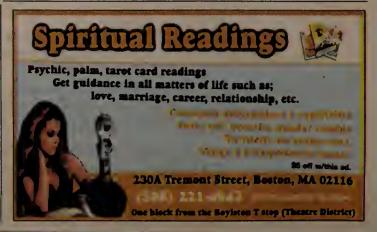
The current North Shore Musical Theater production of the Rodgers and Hammerstein's musical "King and l" is back after a 25 year absence under the superb direction of Richard Stafford. Largely known for his role as Lance in "Falcon Crest," Lorenzo Lamas is an international television, film and stage star and stars as the King of Siam. The show runs until Sunday, October 9th.

The simple but elaborate set immediately sweeps the audience into Anna's world as she is bound to Siam (current day Thailand) to become the English teacher for the King of Siam's favored wives and children at the cost of 20 English Sterling Pounds a month. In Siam, Anna makes a fresh start in a new country, its culture and learning palace life. The lovely musical score includes audience favorites such as "Getting to Know You," "Shall We Dance," and "I Whistle A Happy Tune." The choreography by Director Richard Stafford was breathtakingly beautiful and elegantly executed throughout the musical that dazzled the eye.

Overall, this beautiful production was well done; from the gorgeous costumes and choreography. Kudos also goes to the talented cast from the King all the way down to his youngest daughter adorably played by scene stealer and Sampan Columnist Michael Tow's five-year-old daughter Mikayla Tow. His other daughter Alana plays Princess Yaowlak. Gloucester native Giacomo Favazza is brilliant as Anna's son Louis and he hits his high notes well. As crown Prince Chulalongkorn, Ellis Gage mixes the right amount of arrogance, childishness and maturity all rolled into one. The other children as well as the King's other wives are great.

Lorenzo Lama's interpretation of the King of Siam masterful as the conflicted, masculine leader frustrates our heroine at every turn. Anna Leonowens is brilliant and outstandingly played by Kate Fisher. She imbues Anna with a feistiness that always desires to defy the King but somehow learns to compromise with him. Both complement each other very well.

Manna Nichols shined as Tuptim with her beautiful voice and demeanor. The audience could feel her despair from not being able to be with her beloved. The Kralahome is wonderfully acted by Mel Sagrado Maghuyop by making every word and expression count. Whenever he was on stage, his presence commanded your attention. Lady Thiang (mother of the Crown Prince) elegantly portrayed by Lisa Yuen. The rest of the cast and the ensemble rounded out this wonderful production with solid performances. NSMT consistently puts on high caliber productions and this one continues that tradition.



Anna Ing's A FOOD AFICIONADO

Bon Chon 旋風: 韓式炸雞新浪潮





Photo by Anna Ing

自去年Allston lounge, Privus 結業以后, Bon Chon的擁養便頓失依靠,「雞」靈空虛, 慶幸 Privus 的前僱員深明此相思之苦,決定於前Toki Shabu Shabu的鋪面 (123 Brighton Ave, Allston, MA 02134(617) 254-8888 www.bonchon.com) 東山再起。Bon Chon自年初開業以來好評如潮,他們新穎及經過改良的菜式大受顧客歡迎,菜單選擇更遠超紐約市同類餐館,而且陸續有來。新菜單包括各種日式和韓式美食。佳餚當前,當然不少得他們具有亞洲風味的特飲,啤酒及各樣酒品。新店雖然注入許多新元素,但卻保存上手業主富有當代色彩、黑白分明的裝潢,盡顯其華麗而高雅的氣派。 惜店內到處設有電視及大喇叭播放音樂,酒吧亦靠近大門附近,所以聲浪略為噪吵。

Bon Chon自二零零二年於南韓釜山開業以來,不斷對外拓展業務,並於二零零七年在美國新澤西州開設全美第一間分店。短短三年間,Bon Chon在美的連鎖店高達十八間,當中包括這間波士頓分店。

或許您對Bon Chon會感到陌生,但對熱愛Bon Chon 的人(如筆者)來說,它是一塊外層塗滿辛辣醬或蒜香汁、經過雙重油炸的去骨雞柳、雞翼或雞搥。辛辣口味的炸雞更帶來意外的感觀刺激,那後勁十足的辣味實叫人一試難忘!Bon Chon也可理解為美國的水牛城辣炸雞,只是有過之而無不及,它那金黃鬆脆的外皮(加上辛辣口味)是韓國菜給美式炸雞愛好者最美味的恩物!

Bon Chon的炸雞搥一般比多汁的雞翼較為大件及乾身,雖然經過兩次油炸,但絕不油膩。 另一令人驚喜的是炸雞的脆皮已到達爐火純青的境界,就算是在數少時或三天後翻熱,依然保持鬆脆可口,實叫人一試難忘!Bon Chon現時提供顧客四個份量的炸雞選擇,除了小份炸雞外,其他都可升級為套餐,並奉上小桶供客人棄置雞骨。炎炎夏日,Bon Chon炸雞配上冰凍啤酒更是最佳選擇!此外,他們精心炮制的兩款配菜:涼拌卷心菜和特別用來解辣的酸白蘿蔔,亦非一般餐廳的水準能及。

筆者與友人當天先來一客青蔥海鮮薄餅(\$12.95)作頭盤。賣相精美的薄餅配以青蔥、蝦仁和烏賊,蘸上韓式豉油,外脆內軟,全不失半點嚼勁,真是人間極品!再來是多款卷壽司 : 軟腳蟹卷壽司 (\$8.95),日式鰻魚配牛油果卷壽司 (\$7.95) 和普通的吞拿魚卷壽司。新鮮的食材碰上煙韌的飯團,大家迫不及待地一上桌便大快朵頤,盡情享受這些佳餚。

Bon Chon 正逐漸俘虜更多食客的心!自我數年前在Annandale嚐到第一口Bon Chon開始,它已成了我的至愛!店內的出餐速度頗快,但繁忙時間相對比較慢。 這次招待我們的服務員態度非常友善,僅是忘了替我們的飲品落單。倘若下次您想吃炸雞,務必要親臨Bon Chon一試其內裡乾坤。但請注意,晚飯時段那長長人龍是必然的!



華埠公園新設施剪彩儀式

Rose Kennedy Greenway Chinatown Park於九月三十日星期五舉行了新設施剪彩儀式, Tufts University、市政府官員及不少本地團體均派員出席。新設施包括九把鮮綠色的太陽傘,十三張桌子和合時令的園藝也於是次儀式中亮相。有關人士亦設立園藝基金作修剪園內植物及栽種合時令花卉之用。

(張韻寧譯)





移民資訊

2011年11月移民排期表

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2004年	2004年	2004年	1993年	1997年
7月22日	7月22日	7月22日	4月1日	2月8日
2009年	2009年	2009年	2008年	2009年
2月15日	2月15日	2月15日	12月1日	2月15日
2003年	2003年	2003年	1992年	2001年
8月1日	8月1日	8月1日	11月22日	7月15日
2001年	2001年	2001年	1992年	1992年
9月22日	9月22日	9月22日	12月8日	6月22日
2000年	2000年	2000年	1996年	1988年
6月15日	6月15日	6月15日	4月22日	8月22日

職業移民 排期	· · · · · · · · · · · · · · · · · · ·	en (**			
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親屬移民排期表

- 第一優先: 美國公民的成 年未婚子女
- 第二優先: 2A永久居民的 配偶及未成年 子女
- 第三優先: 公民的已婚子女
- 第四優先: 公民的兄弟姊妹

職業移民排期表

- 第一優先: 傑出人才、研 究人員、研究 人員教授、
- 第二優先: 2A永久居民的 配偶及未成年 子女跨國公司 主管
- 第三優先: 技術勞工及專 業人士
- •第四優先: 宗教工作者 •第五優先:

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來自財務專家的回復

Michael Tow · 註冊財務規划師

我最近上了新工,人工不錯,所以有些(可支配)收入(discretionary income),但我之前欠下信用卡 數,那我應否参加公司的401K退休福利計劃或應先付清信用卡數?-蘇省波士頓 Kevin D.

Kevin,有幾點我們要留意,首先,你工作的公司有配合退休福利計劃的制度嗎?現 時你何信用卡的利息率 (interest rate)

為何?以及你現時對消費的態度,及你之前欠下卡數的成因?

如果你工作的公司有退休福利計劃配合的制度 (通常你提存薪資6%。公司會配合 撥給予你存薪資的50%),那當然應該善用此制度,再用餘下來的錢去付欠下的卡

數。但若公司沒有配合制度的話,那應先付了卡數 (假設咭數利率為18%),之後 才加入401K退休福利計劃。

以上是財務問題的分析答案,但你使用信用卡的消費態度,亦有非常關鍵性的影 響。

你不加入401K, 而用錢來付欠卡數的情況, 當中亦存有風險, 最壞的情況可能是, 三年後我再為你分析財務狀況,發現你欠的卡

數款項不但沒有減少、而你又沒有為退休金做任何儲蓄。當然此情況不一定會發生。 在你身上,但的確發生在許多人身上。

大部分人選擇的儲蓄都放在401K(退休金)或房地產投資儲蓄內,此乃有兩大原 因:

首先儲蓄於房屋及退休金計劃, 定立每月日子、自動按時提/存款, 系統一旦設 立、便自然成為自動的儲蓄習慣、每月例事、你不大發覺要減少消費、因為已成了一個 習慣,同時亦不給消費一個多餘的選擇。

再者,當你設立存款在房屋計劃及退休金後,因兩者都是流動性, 要提取款項時,是比較困難,提前領取401K,需要然經過繁複的手續、填表、 繳費或支付提前拿取款項的罰金;而在提取供置房屋計劃的金錢時,你或需要再融資 (refinance) 按揭、

再借貸或賣掉房子。

這些繁複的步驟都使人不容易帶取已投資\儲蓄的金錢。

所以 Kevin, 你若有意付清信用卡數, 遲些才加入401K計劃, 我非常建議你須定下 每月消費預算、設定什麼時候把欠的卡數付完、及何時會開始你的儲蓄401K

你若有關於這方面問題,想在以後的文章上討論,可以電郵致 mtow@ newbostonfinancial.com.

曹育倫 (Michael Tow) 為新波士頓金融公司(New Boston Financial) 董事長,他 為註冊財務設資顧問 (CERTIFIED



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美國病理學院 "發現,檢測和治療" 乳腺癌和子宫頸癌活動 在塔夫茨醫學中心舉行

病理及實驗室醫學系

10月15日星期六、塔夫茨醫學中心將舉辦美 國病理學院"發現,檢測和治療"乳腺癌和宮頸 癌篩查預防活動。這次活動從去年首次舉行,並 成功地早期識別疾病。塔夫茨醫學中心提供為期 一天的活動,服務對象主要為21歲及以上的居住 在波士頓地區的亞洲裔婦女,但也歡迎其他婦女



參加。這項活動由塔夫莰大學病理及實驗室醫學 系Barbarajean Magnani醫學博士倡導。合作夥 伴包括Dr. Nora Laver (病理及實驗室醫學系) Dr. Andrea Zuckerman (婦產科), Dr. Judy Katz (放射科) 以及其他塔夫莰醫學中心的醫生 和工作人員。

發現,檢測及治療 "活動是一個獨特的機 會, 由不同學科的醫生會診, 同時為那些平時缺 醫少藥或在定期醫療方面面臨困難的人們提供檢 測。在"發現,檢測和治療"活動中,患者不僅 看醫生,還進行檢測,回家前可得出結果。這使 他們可以與醫生和醫學專家討論結果,並安排預 約或在必要時當天接受治療。"發現,檢測和治 療"方案中,將進行婦科檢查,包括子宮頸抹片 檢查, 乳房檢查和化驗, 另外如有必要, 還有乳 房X光檢查。

發現,檢測和治療 "活動的特點是克服一些 婦女所面臨的在早期診斷和治療乳腺癌和子宮頸 癌方面的障礙。包括時間,語言或文化上的障礙 以及缺乏保險或在照顧兒童方面的困難。將提供 成人和兒童的活動場地。婦女可帶子女來參加。 塔夫茨醫學中心還將為婦女提供茶點和教育計 劃. 幫助她們更好地了解自己的健康狀況。

此外, 婦女們可能還有文化和/或語言方面 的障礙。塔夫莰醫學中心將提供口譯服務。這對 婦女是一個不錯的機會,如果他們需要與母親, 祖母或女兒一起前來,他們可以一起來並互相照 想想吧,"麥格納尼博士說,"當你在飛 機上時,人們為您提供了有關在緊急情況下使用 氧氣面罩的說明,告訴你在幫助別人之前首先戴 好自己的面具。婦女首先要照顧好自己, 保持健 康,才能幫助和照顧

21歲以上的亞裔婦 女最好要進行預約。 預約時間上午8:00至 下午3:30. 如果有保 險, 他們應該帶上自 己的保險卡, 但這不 會妨礙她們的參加.預 先登記,請致電617-636-4872 (普通話和 廣東話)。步行進入 也歡迎。地點: 波士 頓華埠,華盛頓街860 塔夫茨醫學中心 南樓二樓產科/婦科診

她們的家人。

(陳公權譯)





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如果您是 MassHealth 會員・並且對 您的健康醫療計畫選擇有疑問,請 在星期一至星期五,上午8:00至 下午 5:00 致電 MassHealth 客戶服務 中心 (Customer Service Center) · 電話: 1-800-841-2900 (難降人士 專線 [TTY]: 1-800-497-4648)。

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20英裡 (teen voices

撰寫: Sara Beg, 19歲

汗流如注,世界啞然無聲,我隻聽得見自己的喘息聲,感覺得到血液在血管裡怒吼。 左腿肌肉在抽筋、陣痛令我不得不停下來。疼痛如泰山之重、我真想放聲大哭,但我知道,他如果看到我的眼淚, 肯定會讓我放棄。

喘息漸平后、我聽到他的聲音在耳邊鼓舞。我必須要繼續前進,為他而前進。肌肉抽搐帶來的陣痛又一次襲擊了我。"努力呵,"我心裡說道,"就剩五英裡了,我一定能跑完"。深呼吸后,我的思緒不禁回到過去,一個女孩怎樣從健身房運動轉到馬拉鬆運動。

拉開前門進到屋來,我看到小叔杰裡德目不轉睛的 看電視。"小叔,"我叫了一聲。

聽到我的聲音,小叔杰裡德臉上綻出一大朵笑容,"咪娜,這是你最愛看的節目,那個醫生在台上侃大山。"

"怎麼開始看電視了?"我問著,走過去給他一個擁抱,"你不是下了班就去健身的嗎?"

"待會有個體檢",小叔說著,看到我臉上有一絲 憂慮,又補充了一句,"沒什麼大不了的"。

"哦,那好"、說著,我挽起他的胳膊,頭枕在他的肩膀上一起看起電視來,直看到廣告播出。爸爸五年前職禍中不幸去世,小叔杰裡德義無反顧的照顧我和媽媽。他不在場時,我們娘倆都會想念他。

"我想看完電視就去健身房,"他擠擠我的局膀,"你要不要來?你媽在健身房廣交好友,可就是她一上健身器就開始聊政治,接著就開始跟人家政治辯論。"

我做了個鬼臉,小叔笑了。"不去啦。你好好鍛煉吧,給你的馬拉鬆作准備。"

"對,還有馬拉鬆,"他笑了,笑容像父親一樣,"我計劃今年跑到20英裡"。

"你去年就說要跑到20英裡", 我提醒他, "結果你跑到17英裡時就死活不肯動窩了, 說是再跑腿就斷了"。

"你還記得這個?上次考試時那公式你怎麼沒

"我至少努力了",我辯解道。"你體檢什麼

候?'

"15分鐘后,"小叔看了看表,"糟了,要20分鐘才能到那"。

"厲害",我被逗笑了。

"午飯在桌上,別忘了吃。"說完,他迅速站起來,拿過他的大衣、擺著手邊說再見,邊走出房門。

我閉著眼睛,在回憶中體味著靠在沙發上看電視的舒服勁,絲毫沒有想過小叔的體檢會查出什麼問題。

晚上,小叔同媽媽一起回到家,我一聲招呼剛出口就注意到他們臉上的陰郁。這種表情還隻是在父親的葬禮上見到過。

"還沒睡?"媽媽問著, 在我身邊坐下。

"剛7點鐘",我說著把臉轉向小叔,"小叔,體 檢有什麼問題嗎?"

他嘆了口氣,在對面的沙發上脫衣坐下。媽媽拿 起遙控器關上了電視,並把她的手放在我的膝蓋上,眼睛 看著小叔。

小叔的下巴微微顫抖, 盡管他努力想表現出平日的自信, 快活的一面, 但我可以看到他眼裡的憂郁、" 我今年大概是跑不了馬拉鬆了"。

"為什麼?"我覺得心頭一陣發緊。

我把后脖子上的汗水擦掉,努力想把疼痛跑掉。我 可不能因這點小事而停下腳步。

小叔晚上來到我的屋前,我示意他進來。"寫作業呢?"他說著,探過身來看我的電腦。

"我上網查了一下你那個叫冠狀動脈竊血症的 病、"我說道。

" 咪娜, 我這病不是那麼嚴重 "。

"可這病在美國是頭號殺手。

他搖著頭,"醫生說我這病沒那麼嚴重,就是要定期檢查,生活習慣要改改。我照樣可以去健身。"說著,他努力擠出個笑容。

"但你肯定沒法跑馬拉鬆了。"

"那也好,我就陪著你娘倆,比跑上20英裡的直 線有意思得多。"

我一直都相信他的話,可這次、卻很難相信。離馬拉鬆還3個月時,他就開始天天在健身房裡鍛煉、回到家總

是神採奕奕,一談起要跑20英裡的目標,他就激動。

"杰裡德叔叔,今年我替你跑,幫你跑到20英 裡。"

" 咪娜,你不用為難自己。"

"我已經報名了。"我強調道。

太陽火辣、我汗流不止,但眼前不住地浮現出跑過 20英裡后小叔臉上綻放的笑容。我雙腿如鉛之重、但離目 標如此之近,我一定要竭盡全力,不能放棄。

過去的三個月裡, 我每天都加緊訓練, 晚上做俯臥撐。對於不怎麼運動的我來說, 把身體調整的大活動量的運動談何容易, 但是, 我知道對於小叔來講, 要改變他的生活習慣同樣談何容易。

"加油、咪娜!"小叔的加油聲如此之大、我看見 媽媽試圖讓他降低嗓門。

我高興的笑了,這是自我開始練習跑步起第一次發 自內心的笑:我沖過了20英裡!

" 咪娜, 你真了不起! "小叔大喊。

"我們都很了不起!",我回敬道,小叔的笑容和爸爸的笑容剎那間暖到我心頭。

翻譯:許可可

Teen Voices is an intensive journalism mentoring and leadership program for teen girls in Boston. We create an internationally distributed print and online magazine. Teen Voices has 45,000 print readers and our website receives more than 275,000 page views from 179 countries annually. Founded in 1988 by two young women who believed in the power of girls to create social change through writing and art, our goal is to encourage teen girls around the world to speak out on issues, create positive and powerful media, and lead change in their communities.

For the English version of this issue's Teen Voice piece, check out Sampan.org or Teenvoices.com

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The Commons at SouthField Highlands

South Weymouth, MA | 南威茅斯,麻省www.TheCommonsAtSouthField.com

T 入到信 SOUTH FIELD 地原創

The Commons at SouthField Highlands是第一個被引入到位於南威茅斯的南菲爾德規劃社區的公寓區,此地原爲威茅斯海軍航空站。The Commons at SouthField Highlands提供單間,一間臥室,兩間臥室,和三間臥

室的公寓住宅,三幢高樓建筑讓你親身感受南岸風景如畫的生活。室內特點和裝飾有獨特的柏柏爾(Berber)地毯,私人洗衣機和烘乾機,以及瓷磚。社區設施包括季節性游泳池,健身中心,社區室,室內停車場,和方便行人輕鬆步行前往波士頓通勤列車的街道。

爲保持南菲爾德的"綠色"理念,公寓住宅將採用由美國綠色建筑委員 會領導下的節能生態環保設計標準來建設。

欲獲得關于南菲爾德規劃社區更多信息,請瀏覽網站: www. SouthField.com

可負擔公寓對年收入低于80%地區收入中位數(AMI)的家庭開放 單間:\$1,021;一間臥室:\$1,144;二間臥室:\$1,234; 三間臥室:\$1,329

勞動員工公寓對年收入低于120%地區收入中位數(AMI)的家庭開放 單間:\$1,145;一間臥室:\$1,385;二間臥室:\$1,600;三間臥室:\$1,935

家庭人數	80% AMI (地區收入中位數)	120% AMI (地區收入中位數)
1	\$ 44,950	\$81,060
2	\$ 51,400	\$92,640
3	\$ 57,800	\$104,220
4	\$ 64,200	\$115,800
5	\$ 69,350	\$125,060
6	\$ 74,500	\$134,320

完整的申請材料以及要求的收入證明必須於2011年11月30日,中午12點之前遞交,當日郵戳無效。

公共信息會議將於2011年11月2日,晚上6點在The SouthField Welcome Center舉行:彩票抽獎將於2011年12月13日在The SouthField Welcome Center舉行。

欲獲得更多關于抽獎以及申請程序信息, 請瀏覽網站www.s-e-b.com/lottery;或者致電:617.782.6900 并且留言。



申請以及相關信息可以到The SouthField Welcome Center獲取。 辦公時間: (周一10am-5pm;周四10am-6pm;周五10am-5pm;周六10am-4pm;周日12pm-4pm)

中國城向前任塔夫斯大學醫學院總裁告別

當 Ellen Zane 於 2004 接受塔夫斯大學醫學院 總裁一職時,這個機構正面臨著由失敗合併所帶來的 前所未有的考驗。七年過去了,在 Zane領導下的塔 夫斯命運的迴轉是不可否認的:此醫院被評爲全國98 所教學醫學中心中排名第六, 在安全、質量、病人 數量等多方面評估指標下都名列前茅。

十月三日,一場為她榮譽舉辦的宴席在中國城中國珍珠飯店隆重召開。醫學中心所屬社區居民、中國城社區重要人物、政府官員以及 Zane 的親朋好友們都紛紛前往見證她在過去七年中所取到的傑出業績。參席者之一, Peter K. Chan, 親筆傳作詩歌一首以紀念以及感謝 Zane 這麼多年來爲中國城社區衛生水平的提高所做出的貢獻。

當然,一切都不可能一直都是一帆風順的。 Zane回想起來,當年剛接手醫療中心時的坎坷及挑 戰還記憶猶新。 在電話採訪中, Zane感嘆到, "實話說,我當 時眞得很害怕,但我無法與任何人傾訴,因爲我當時 必須當自己的啦啦隊。如果讓別人知道了我很害怕, 那麼我們就徹底沒有希望了。

Zane的優秀領導才能不僅促使了醫療中心的發展 前進,也給她許多同事留下了深刻的印象。

塔夫斯社區健康的負責人 Sherry Dong說到, "能跟她工作真的很榮幸,並也給她提供了一段非常寶貴的經歷。能與一個理解她並尊重她的想法的人共事真的很開心。

Zane自己說到, "我最難忘的就是與中國城的接觸。我真得非常享受體驗中國城與眾不同的風格,並 與此同時認識到了許多新朋友"。

儘管退休了,Zane還會繼續保留塔夫斯董事會副主席一職並還會繼續爲醫院做一年左右的咨詢。Zane也提到她會盡量找機會休息放鬆並與她的丈夫一起享



受生活。第一站他們將會去納帕谷,接下來十一月他 們會去以色列,一月份也會去聖巴特度假。

Zane開玩笑地說到, "我丈夫會告訴你 "退休" 一個對我接下來的生活多麼不準確的描繪呀!"

(徐夢伊譯)

莫爾登市市長競選者 雙臂迎接城市的多元性





Christenson從十年前被任命爲莫爾登學校委員會一員時就開始了他職業生涯的旅程。直到現今,他已經是 Middlesex警長辦公室財政預算主任。他一人就管理著六千萬美元的預算。

從統計角度來說,莫爾登市可以被算爲麻省第二多元化城市。它不斷增長的總亞裔人口已高達總人口的百分之十六點七,校區亞裔學生也已佔總學生數量的百分之二十一。Christenson表示他也很瞭解現在在莫爾登居住的亞裔居民已達到9400多人。

Tickets and more information at www.celebrityseries.org or 617-482-6661.

"我計劃利用我們城市的多元化特性,"Christenson解釋道。我們也發現他的競選網站居然還有中文頁面。他也想用更多創新的方式接觸到更多不同層次的居民。最近用的電子郵件樹方式就都已經幫他連接到了多達一千多人。

(徐夢伊譯)



强强。回回

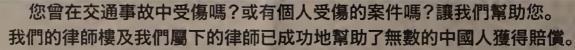


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上述案件的賠償數目是基於他們的案情,如果您有案件,請電:617-482-1553 查詢。

本律師樓為社區提供高質素,高效率的服務,我們經驗豐富並且理解中國人的需要, 受傷嚴重者,律師可到府上或醫院提供諮詢(受傷案件成功才收費)。 我們也處理 勞工申請 親屬移民 協議離婚 非協議離婚 小孩監護權 父子關係辨認 婚前協

本律師樓經辦離婚的律師有22年之 家庭法 收 合 ,工作

辦理破產保護 我們是一所解除債務的代辦處 我們是根據美國的破產法幫助人們申請破產保護

司徒賢律師在全美十大法律學院,紐約大學畢業,是麻省、新紐澤西、紐約三州註冊職業律師。曾被香港(一周刊)、台灣(聯合報)、美國(世界日報)、(BOSTON GLOBE)、(SAN FRANCISCO CHRONI-CLE)訪問有關法律策略。

